




BLUEPRINT FOR COVID 19 RISK MITIGATION PLANNING AND IMPLIMENTATION STRATEGIES OF MASS PARTICIPATION EVENTS

DOCUMENT TITLE	BLUEPRINT FOR COVID 19 RISK MITIGATION PLANNING AND IMPLIMENTATION STRATEGIES - MASS PARTICIPATION
EFFECTIVE DATE	21 September 2021
APPROVED BY	President of Cycling SA as directed by DSAC Minister N. Mthethwa.
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NEXT DATE REVIEW	Level 0
RESPONSIBLE	Executive Board of Cycling SA.

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PREAMBLE

This Covid-19 Protocol document should be read and interpreted alongside all other relevant guidance, advice and instructions from public health and/or government authorities.

This Covid-19 Protocol document is based on the approval obtained by Cycling South Africa from by Ministers E.N. Mthethwa on 15 September 2021.

This Covid-19 Protocol document will be subject to updates, sometimes at short notice. All Riders and User Groups must ensure that their actions, and the information they disseminate, reflect up-to-date public health and/or government authority guidance.

1. ACKNOWLEDGEMENT

This document had been prepared with the assistance and shared expertise of the event organizers from the Absa Cape Epic, Cape Town Cycle Tour, and 947 Ride Joburg. It takes into consideration all the comments received from government, for each of these events individually and collectively.

Cycling SA thank all the representatives and the Medical Advisory Groups of these entities for their collaboration and sharing information and plans to create this blueprint.

2. DEFINITIONS

A **Mass Participation Cycling Event** shall be any cycling event organized in South Africa where a gathering, or a perceived gathering, of cyclists may take place. Such gathering may cause the prescribed number of people in any given area to exceed the prescribed maximum persons allowed per gathering as per the National Regulations in place under the Disaster Management Act of South Africa.

3. PURPOSE

- 3.1. Every event exceeding the maximum number of persons allowed per gathering based on the National Covid-19 Alert Level at the time of the event, shall put all necessary measures in place to ensure compliance with the regulations.
- 3.2. This document serves as a blueprint and to regulate Covid-19 risk mitigation protocols that shall be adopted and implemented by all cycling events in South Africa.
 - 3.2.1. To present solutions to reduce the number of people in any given area to be less than the prescribed maximum as per the National Regulations.
 - 3.2.2. Incorporate Covid-19 protocols as prescribed by the National Department of Health.

- 3.2.3. Reduce the importation and transmission of SARS-CoV-2 associated with the event.
- 3.2.4. The understanding is that a safe event promotes, maintains and retains trust in event organizer, city health authorities and institutions by the public and participants.
- 3.2.5. To formalise guidance in terms of implementation of testing / vaccination requirements at large events.
- 3.3. It takes into consideration the maximum number of people permitted to gather in one point either in number or the % in terms of capacity of the venue, whichever is less. It takes into consideration 1 person per 3sqm which makes provision for a social distancing of 1.5m between persons.
- 3.4. A Covid-19 Risk Plan is separate to any of the Event Safety Plan requirements of Cycling SA. It should focus specifically on Covid-19 risk mitigation protocols.

4. INTRODUCTION

- 4.1. The overall risk for transmission is considered low based on the following:
 - 4.1.1. Cycling is a non-contact sport and the fact that participants are on bicycles eliminates the chances of contact.
 - 4.1.2. It is an outdoor activity, with fresh air and good airflow, ultraviolet rays from the sun as most events take place during summertime.
 - 4.1.3. Social distance can be maintained by starting in small batches (within Covid-19 regulations), ensuring controlled environments and managing any potential gatherings.
- 4.2. To address all possible points of contact between organizational staff and participants, the areas that has been taken into consideration are:
 - 4.2.1. Expo and number collection points
 - 4.2.2. Start and finish areas
 - 4.2.3. Route
 - 4.2.4. Stage villages
- 4.3. The key principles of planning and implementing event Covid-19 risk mitigation strategies are to:
 - 4.3.1. Increased hygiene measures

- 4.3.2. Proof of a negative test / vaccination as a barrier to spread the virus.
- 4.3.3. Ensuring that all riders, crew, staff, contractors and sponsors abide by guidelines for the management of Covid-19, outside of the competition arena, unless this is differing from local/national government regulations relating to the management of Covid-19.
- 4.4. A close contact will be deemed to be any persons who the below criteria applies to:
 - 4.4.1. Any face-to-face non-fleeting encounters of 3 seconds or more.
 - 4.4.2. Skin to skin contact with the face.
 - 4.4.3. Being coughed or sneezed on.
 - 4.4.4. Being within less than 2m with one person for 15 mins of aggregated time per day (24 hours) without a mask.
 - 4.4.5. Having shared a car to travel.
 - 4.4.6. Failure to meet standards regarding PPE use by medical staff during breaches of social distancing.

COVID-19 RISK MANAGEMENT RESOURCES

5. MEDICAL ADVISORY GROUP (MAG)

- 5.1. The Event will appoint a Medical Advisory Group to provide oversight, advice and guidance to all User Groups.
- 5.2. The MAG will be supported by independent medical advisers for the management of Covid-19 incidents and resulting positive or unclear PCR or Rapid Antigen tests:
- 5.3. Such a group should always include the event / race director and the Covid-19 compliance officer. A MAG manager should be appointed, but in the absence of such an appointee, the event / race director shall be responsible for:
 - 5.3.1. Managing all incidents reported to the MAG with the relevant parties to their conclusion.
 - 5.3.2. Convene the MAG at set times over the period of the Event to review the current status of the Covid-19 management unless it is not required in which case the MAG Manager may inform all MAG members via WhatsApp.
 - 5.3.3. MAG Meetings can be held over virtual platforms and do not require all parties to be in the same location at the same time.
 - 5.3.4. Convene the MAG should any incidents pose a direct threat to the successful delivery, further presentation, or cancellation of the Event.

6. EVENT COVID-19 COMPLIANCE OFFICER

- 6.1. A qualified and accredited Covid-19 Compliance Officer, in addition to the appointed Safety Officer, shall be appointed for each event who will oversee a team of Covid-19 safety and compliance marshals that will monitor all aspects of pre and during the event and ensure that all regulations are being implemented. Responsibilities shall include:
 - 6.1.1. The drafting and approval of the Event Covid-19 Protocol Document, along with the delegated Event Management Individual/s and the delivery of these protocols over the Event period.
 - 6.1.2. Development of the Covid-19 Risk Assessment and Event Covid-19 Protocol documents.
 - 6.1.3. Oversight of any Covid-19 testing protocols that may be implemented before or during the Event.

- 6.1.4. Management, along with the delegated Event Management representative, of any positive Covid-19 test results.
- 6.1.5. Oversight of the implementation of Event Covid-19 Protocols for all event areas.

7. EVENT COVID-19 OPERATIONAL AND COMMUNICATION MANAGEMENT

- 7.1. A member of the Event Management Team shall be designated with the task to manage all operational and communication aspects pertaining to the implementation of the Covid-19 Risk Management Plan:
 - 7.1.1. Share all relevant and up to date Covid-19 information and event protocols with all the User Groups involved in the Event irrespective of their level of involvement,
 - 7.1.2. In addition to this, the Event Covid-19 Operational Lead will be responsible for ongoing communications with all User Groups pre / during and post event as relates to the management of Covid-19.
 - 7.1.3. Ensuring that all Event Covid-19 policies and protocols as relates to each User Group are followed as required.
 - 7.1.4. Ensuring that any breaches of the Event Covid-19 policies and protocols are rectified without delay.
 - 7.1.5. Assisting the Event Covid Compliance Officer and delegated Event representative in the management of any positive Covid-19 test results.
- 7.2. Ensure clear Covid-19 signage in all venue areas.

8. EVENT COVID-19 MEDICAL OFFICER

- 8.1. All stage racing events and any one-day events which will exceed the maximum number of people who may gather (E.g. 500 max) should appoint a Covid-19 medical officer.
- 8.2. Responsibilities should include:
 - 8.2.1. Input and insight into the drafting of the Event Covid-19 Protocol Document.
 - 8.2.2. Assist in the development of the Covid-19 Medical Management and Evacuation Plan.

- 8.2.3. Provide oversight of the management of suspected or confirmed Covid-19 cases within the Event Covid-19 Protocols and in line with current local/national government regulations.

9. USERGROUP COVID-19 LEAD

- 9.1. Each Supplier / Contractor / Sponsor or any working group that will have a presence at the event must nominate a User Group Covid-19 Lead who will be responsible for:
 - 9.1.1. Ongoing communications with their working teams pre/during and post event as relates to the management of Covid-19.
 - 9.1.2. Implementing any Covid-19 protocols and ensuring that these protocols are not breached by members of their teams.
 - 9.1.3. Report any suspected or confirmed Covid-19 cases within their working teams to the Event Covid-19 Officer immediately upon being notified of them.

SCREENING, EDUCATION AND TESTING

10. COVID-19 COMMUNICATIONS AND UPDATES

- 10.1. Event Covid-19 Protocols should be communicated and updated regularly on:
 - 10.1.1. Event website
 - 10.1.2. Social media channels
 - 10.1.3. Participant communications via email
 - 10.1.4. Mobile App and push notifications
 - 10.1.5. Signage
 - 10.1.6. On Site Announcements

11. SCREENING AND EDUCATION

- 11.1. Appropriate personal health, personal hygiene and safe support education and training should be provided for staff.
- 11.2. Health declaration form should be signed / completed via electronic formats in order to attend the event.

12. PROOF OF VACCINATION OR PCR / ANTIGEN TESTING

- 12.1. Onsite or standby Covid-19 testing facilities that can accommodate both Antigen and PCR testing as well as symptom checking should be available at registration of all events.
- 12.2. Accepted vaccinations are those as approved by the South African Government of which:
 - 12.2.1. A person provides a vaccination certificate indicating that the date of the first vaccination is more than 28 days prior to the event (if J&J) or the second vaccination had been obtained more than 7 days prior to the event (if Pfizer).
 - 12.2.2. If a vaccination is required to start the event and the date of vaccination is within the window provided, then a negative test result 48– 72 hours prior to the race date is required.
 - 12.2.3. For events with many traveling participants not residing in the province, an additional test 5-7 days prior to the event, or prior to departure may be

required. This directive needs to be obtained from the provincial health department.

12.3. All Stage Races

12.3.1. Until a further directive is given, All stage races shall require each individual attending to provide a negative PCR/Antigen test result which had been taken not more than 72-hours prior to registration.

12.3.2. Cost of pre- event testing may be for each individual own expense.

12.3.3. A rapid / antigen test is required on day 4 of all stage races (day 1 shall be calculated as the first day of any participant activities). See management of possible positives.

12.4. One-day race with less than 2500 people as part of the total footprint

12.4.1. No testing required.

12.4.2. Proof of vaccination not compulsory but recommended.

12.5. One-day race between 2500 – 5000 as part of total footprint

12.5.1. All event staff / crew will be required to have either a valid proof of vaccination (within prescribed period) or proof of pre-event (72hrs) rapid antigen test to participate the event.

12.5.2. Directive from provincial health authorities required to indicate compulsory testing and / or vaccination requirements for participants.

12.6. One day races of more than 5000 people as part of total footprint

12.6.1. All event staff / crew will be required to have either a valid proof of vaccination (within prescribed period) or proof of pre-event (72hrs) rapid antigen test to participate the event.

12.6.2. National regulations stipulate that all participants be required to have either a valid proof of vaccination (within prescribed period) or proof of pre-event (72hrs) PCR or rapid antigen test to participate in the event.

12.6.2.1. Cost of testing may be for each individual own expense.

13. PRE/ON-ARRIVAL SCREENING AND HEALTH CHECKS

Pre or at registration requirement include:

13.1. Submission of pre-screening questionnaire and health declaration inclusive of the following yes / no questions:

13.1.1. Within the last 14 days:

- Have you been diagnosed with, tested positive for, or been treated for Corona virus (Covid-19)?
- Have you or anyone in your household been in close contact with someone with known Corona virus (Covid-19)? Close contact means being less than 1.5 metres from the person concerned for more than 15 minutes without any protection (e.g. a plexiglass partition wall or wearing a mask).
- Have you or anyone in your household provided care to a known Covid-19 patient?
- Have you been to a country listed as high-risk by either the WHO or South African Government?

13.1.2. Have you experienced any of the following symptoms?

- Fever (temperature greater than 100.4°F/37.5°C)
- Chills
- Trouble breathing or shortness of breath
- New or worsening cough
- Loss of smell or taste, or change in taste
- Sore throat
- Headache
- Runny or stuffy nose
- Nausea, vomiting or diarrhoea
- Muscle or body ache which is considered not to be exercise related.

14. STANDARD PROTOCOLS

Adhere to Covid-19 Government regulations:

- 14.1. It is mandatory for all staff and participant as well as people forming part of any User Group to complete a health check as prepared by the event organizer.
- 14.2. Keep to the required social distancing protocols and avoid close contact.
- 14.3. No high fives, fist bumps, handshakes, hugging and kissing permitted.
- 14.4. Wear masks
- 14.5. Wearing of additional PPE where applicable for staff (E.g. food serving)
- 14.6. Sanitizing stations are obligatory.
- 14.7. Covid-19 testing where applicable and dependent on operational function.
- 14.8. Daily temperature scanning and symptom screening is required for all.
- 14.9. Minimizing User Group numbers as far as what is practicably possible.
- 14.10. Sanitize common areas prior use by Riders and Staff.

15. HYGIENE AND SANITIZING

- 15.1. Hand sanitizer and hand washing stations must be readily available around all areas of the race venues and villages
- 15.2. Cleaning of common areas must occur continuously.
- 15.3. Event staff, suppliers and race officials shall wear masks **at all times**. Face masks should be made available to riders and staff if they require any.
- 15.4. Implement a sanitizing regime in areas used by riders and crew i.e, dining rooms, showers, mixing zones.

16. DENSITY REDUCTION

- 16.1. Institute measures to increase space for riders throughout the event venues.
- 16.2. Enable appropriate physical distancing (>1.5 m) whenever possible.

- 16.3. In order to minimize the density of population and number of active people involved on the Event contractors and suppliers will be required to limit their teams to essential personnel only.

17. MINIMIZE TOUCH POINTS

In order to minimize the density of population and number of active people involved on the Event, contractors and suppliers will be required to limit their teams to essential personnel only.

18. RIDER AND STAFF PERSONAL RESPONSIBILITY

- 18.1. All persons are empowered to determine their individual level of personal responsibility to further minimize interaction and touchpoints.
- 18.2. All persons should be required to review and accept the Event Covid-19 policy protocols.
- 18.3. Stay home if you are sick or have been in contact with someone who had tested positive for Covid-19.
- 18.4. Notify the Event Management immediately if you have been in contact with any person who has tested positive for Covid-19 three days prior to the start of the event or during the event.
- 18.5. Refrain from spitting while in any area of event venue or service station and while in close contact with any riders on the race route.
- 18.6. Adhere to assigned time for activities such as registration and start chute check-in.
- 18.7. Adhere to the Event Covid-19 policies and protocols and local/national government regulations relating to the management of Covid-19.

19. ACCESS CONTROL

- 19.1. Access to all Event areas should be strictly controlled.
- 19.2. No access or allowance to enter or start the event, should be granted to any person with a temperature above 38 degrees C and should be moved to the Isolation area, either to be tested or assisted to be moved from the venue
- 19.3. Participants, staff and different User Groups should be advised to stay within their areas and to avoid entering areas in which they have no function or requirement to be in.

- 19.4. As per current Covid-19 Government Regulations the event shall not permit, facilitate or allow any spectators. This may be subjected to changes as per government updated.
- 19.5. Entry/Exit information for all User Group results will be kept on record, in compliance with regulations and to aid in track and tracing if required.

20. EVENT BRIEFING AND MEETINGS

- 20.1. All briefings should be carried out virtually online or posted as online videos.
- 20.2. Should in person meetings need to take place this should be done in accordance with current Government regulations and accepted Covid-19 practices for meetings.

21. PARTICIPANT MASKS

- 21.1. Masks are mandatory in South Africa and for international travel. All User Groups are required to have sufficient acceptable face masks for the duration of the Event.
- 21.2. All other persons are required to have sufficient face masks for the duration of the Event.
- 21.3. The preferred masks for an event are the N95 or medical masks.
 - 21.3.1. Should fabric masks be used, it must at minimum have two layers of fabric.
- 21.4. Masks should completely cover the nose and mouth and fit snugly against the sides of face without gaps.
- 21.5. Traveling in an official / team vehicle with more than one person, will require persons to wear a face mask.
- 21.6. Riders will be expected to arrive at the start each day with masks but will not be required to train / race with masks. Masks must be worn by riders at all times other when racing, or warming up outside of a race village or venue.
 - 21.6.1. Masks may only be removed 1 minute prior to start once in starting area and kept on a person to use again immediately upon completion.

Cycling events require operational actions to take place in various locations simultaneously including advance / operational / strike for the race villages and venues and operational actions on the route for water points and route marking. In support of this, the following locations within each of these areas and operational functions have been identified for specific Covid -19 management protocols and may be applicable to one-day and or multiday events.

22. HIGH-RISK AREAS

22.1. All events:

22.1.1. Race Registration / Expo

22.1.2. Bathrooms / Toilets

22.1.3. Water Points on the race route.

22.2. Stage events:

22.2.1. Showers

22.2.2. Any kitchen marquee.

22.2.3. Dining marquees / halls

22.2.4. Catering staff tent village.

23. MANAGEMENT OF ANY RACE REGISTRATION / NUMBER PICK-UP AREA / EXPO

23.1. Participants to be divided into time slots and will only be allowed to visit the expo and register in their pre-allocated time.

23.2. No more than the maximum allowed number of people to be allowed in any expo area. Indoor and outdoor limitations are to be observed.

23.3. Touchless QR scanning to be used to do look-up of participant registration for events with more than 2500 people.

23.4. Screening will require an event organization to capture temperature readings.

23.5. All exhibitors at merchandise / service stands must provide hand sanitiser.

23.6. Wherever possible, avoid circumstances where people have to stand in a queue.

- 23.6.1. Where unavoidable, physical distancing of 1.5m will be adhered to. This will be managed using signage, stanchions, picket fence and/or crowd control fencing and crowd control personnel.
- 23.7. Sanitizing of the registration venue prior to opening of Race Registration and regular sanitising of surfaces during the course of registration.
- 23.8. Designated half hour check-in/registration time slots/ control number of riders in the venue at any time.
- 23.9. Adherence to maximum capacity of the venue as defined by Government regulations.
- 23.10. Clear Covid-19 signage.
- 23.11. Info screens promoting Covid-19 protocols while on Event.
- 23.12. Perspex screens across all points of contact within the registration venue in support of Close Contact protocols.
- 23.13. Plastic table covers that can be wiped down
- 23.14. Snap Scan/tap to pay, no cash accepted
- 23.15. Maximize online administration process and Event information to minimize touch points and time spent within the Race Registration area.
- 23.16. Registration items to be pre-packed as far as what is practicable.
- 23.17. No touch protocol. (Eg: Riders to attach own wristbands)

24. STAGE RACE VILLAGES (MARQUEES / TENTS)

- 24.1. All marquees to accommodate the number of people as per the National Government Covid-19 gathering regulations.
- 24.2. All persons entering marquess to be sanitized.
- 24.3. Daily symptoms check for all present.
- 24.4. Ensure separate / Multiple tent villages e.g. rider / crew / media throughout the race village with a max of 400 people per tent village
- 24.5. Tents to be spaced out to ensure physical distancing and width of walkways to be increased as per Covid-19 spacing requirements of 1.5 m space around each tent.
- 24.6. 4 layers of fabric between each person (Tent 1 base + Tent 1 waterproof fly sheet + Tent 2 base + Tent 2 waterproof fly sheet).

- 24.7. Tents and mattresses to be single use only and not leap frogged to another race village.

25. MANAGEMENT OF TOILETS / SHOWERS

- 25.1. Dedicated janitors and cleaning staff to be positioned at each toilet/ shower block to clean and sanitise after use.
- 25.2. All cleaning staff to wear masks, gloves and the necessary cleaning and sanitizing equipment.
- 25.3. SABS approved hand soap, hygiene sani-soap, antibacterial hand soap and sterilizing compound to be used in all soap dispensers within toilet and shower areas.
- 25.4. Running water to be provided.
- 25.5. Anti-Bacterial spray and washdown cleaner to be used inside toilets as per a regular cleaning schedule.
- 25.6. Anti-Bacterial spray and washdown cleaner to be used inside showers after every use.
- 25.7. All Showers to be deep cleaned, washed, and sanitized after each shower shift.

26. WASTE MANAGEMENT

- 26.1. All waste generated should be regarded as contaminated and to be removed as per government protocols.
- 26.2. All waste removal staff to use masks, gloves and the necessary equipment.

All service providers to abide strictly by the Covid-19 regulations as set out by Government legislation and the Event Covid-19 protocols in the delivery of this service. It should form part of Covid-19 risk mitigation plans and be submitted for approval.

27. MANAGEMENT OF MASSAGE / PHYSIO SERVICES

- 27.1. Staggered massage booking slot times proposed.
- 27.2. Space beds with a minimum of 1.5m around each.
- 27.3. Massage therapists to wear Level 3 PPE of face mask / Face Shield / Plastic apron.
- 27.4. Sanitize each bed after each use.
- 27.5. Riders to supply their own towels.
- 27.6. Riders to always wear masks during treatment.
- 27.7. On-route physio services must be monitored by an appointed Covid Compliance marshal at each refreshment station

28. BIKE WASH AND BIKE PARK

- 28.1. Sanitizing station at entrance to Bike Park.
- 28.2. Access control.
- 28.3. Appropriate PPE to be worn at all times.
- 28.4. Bikes spaced out on racks so far as what it practicably possible.
- 28.5. Clear Covid-19 signage.
- 28.6. Surfaces to be sanitized regularly while the area is operational based on it being an outdoor venue

29. CREW / SUPPLIER VILLAGES

- 29.1. All User Groups within the Support Village to be registered and accredited by the Event.
- 29.2. All User Groups to provide the event with a Covid-19 mitigation plan on application.
- 29.3. Access control for accredited persons only.

- 29.4. Daily symptom checking will take place for all User Groups in the Support Village.
- 29.5. Hand sanitizer and hand washing stations to be placed within the Support Village.
- 29.6. Clear Covid-19 signage.

30. RIDER BAG TRANSPORT SERVICES

- 30.1. Use local manager/team to minimize travel
- 30.2. Minimize double touching when packing and moving bags
- 30.3. Bags stored and handed out from underneath a Bedouin tent for increased ventilation.
- 30.4. Appropriate PPE to be worn at all times.
- 30.5. Clear Covid-19 signage.
- 30.6. Surfaces to be sanitized regularly while the area is operational based on it being an outdoor venue

31. OTHER SERVICES

If the following services are offered by an event organizer, planning of risk mitigation should also be provided:

- 31.1. Laundry should be washed off-site. The service provider to abide strictly by the Covid-19 regulations as set out by Government legislation and the Event Covid-19 protocols in the delivery of this service.
- 31.2. Mobile Home rentals: Control access to the mobile home village and limit number of users.
- 31.3. Coach Services: Reduce vehicle density to 70%, with open windows to increase ventilation and reserved seating signage within the coaches

32. HOSPITALITY LOUNGES

- 32.1. All event organizers to adhere to spectator restrictions which may be updated as per government regulations.
- 32.2. Venue to accommodate number of people as per the National Government Covid-19 gathering regulations.
- 32.3. Access control and User Group to be strictly managed in order to ensure Event Covid-19 protocols are adhered to.
- 32.4. Sanitizing station at entrance to the Rider Lounge.
- 32.5. All drinks to be always served and from behind protective screens, no self-service allowed.
- 32.6. Area to be sanitized prior to opening to riders and after closing each day.
- 32.7. Surfaces to be sanitized regularly while the area is operational.

33. COMPETITION CHILL ZONE

- 33.1. As this may become a gathering point during stage races, different zones should be setup.
- 33.2. Venue to accommodate number of people as per the National Government Covid-19 gathering regulations.
- 33.3. Sanitizing station at entrance to the Chill Zone area.
- 33.4. All drinks to be always served and from behind protective screens, no self-service allowed.
- 33.5. Cashless payment system so far as what is practicably possible to minimize touch points.
- 33.6. Clear Covid-19 signage.
- 33.7. Area to be sanitized prior to opening to riders and after closing each day.
- 33.8. Surfaces to be sanitized regularly while the area is operational.

34. RIDER, SUPPLIER, SPONSOR AND CREW DINING

- 34.1. Venue to accommodate number of people as per the National Government Covid-19 gathering regulations.
- 34.2. More than one seating per meal if required based on size of dining area and numbers.
- 34.3. Each person to be sanitized on entering the rider and crew dining venues.
- 34.4. Marquee sides to be opened to allow for maximum ventilation.
- 34.5. All food, drinks, crockery, and cutlery to be served at all times and from behind protective screens, no self-service allowed.
- 34.6. Use only plastic or bamboo disposable, single use, cutlery that can be recycled.
- 34.7. Minimize staff interaction by creating serving stations and riders to place used plates and cutlery in. These areas to be cleared only after persons have left the dining marquee.
- 34.8. Catering staff to always wear the required PPE.
- 34.9. Table and chair set remain 1.5m apart and this is managed constantly
- 34.10. Separate entrance and exit to the food and beverage area so far as what is practicably possible.
- 34.11. Drinks should be provided in closed sealed units

35. RACE OFFICE

- 35.1. Minimize number of staff allowed in Race Office.
- 35.2. Snap Scan and card taps only, no cash accepted.
- 35.3. Race Office to install protective screens between staff and participant / supplier
- 35.4. Sanitizing station at Race Office.
- 35.5. Clear Covid-19 signage.
- 35.6. Area to be sanitized prior to opening to riders and after closing each day.
- 35.7. Surfaces to be sanitized regularly while the area is operational.

36. MEDIA AND MEDIA CENTRE

- 36.1. Live Production Outside Broadcast crew should be setup offsite.
- 36.2. Promote “on-line” interviews and interaction with riders and management.
- 36.3. Restrict the Media Centre to essential personnel only with strict access control.
- 36.4. Sanitizing station at entrance to the Media Centre.
- 36.5. Presentation and route briefing for race day / each day’s stage presented online.
- 36.6. No media programme with independent journalists under level 3. This may be adjusted as per government regulations under level 2 and 1.
- 36.7. Drives for external video sharing to be sanitized before sharing.
- 36.8. Media equipment adjusted to adhere to social distancing. (Microphones, interview setup etc)
- 36.9. Clear Covid-19 signage.
- 36.10. Area to be sanitized prior to opening and after closing each day.
- 36.11. Surfaces to be sanitized regularly while the area is operational.

37. MERCHANDISE STORES

- 37.1. Minimize instore offering – propose click + collect with small display at registration.
- 37.2. Limit fitting of items – preferably no fitting of items.
- 37.3. Sanitizing station at entrance to the Merchandise Store and items touched.
- 37.4. Access control.
- 37.5. Appropriate PPE to be worn at all times.
- 37.6. Protective screens at point of sale.
- 37.7. Offer card payment, Zapper and Snap Scan.
- 37.8. Clear Covid-19 signage.
- 37.9. Area to be sanitized prior to opening and after closing each day.
- 37.10. Surfaces to be sanitized regularly while the area is operational

38. ANTI-DOPING

- 38.1. Lead of anti-doping to form part of lead user group.
- 38.2. Larger footprint with additional gazebo to allow for physical distancing of athletes when in the Anti-Doping testing area.
- 38.3. Sanitizing station at Anti-Doping.
- 38.4. Clear Covid-19 signage.
- 38.5. Area to be sanitized regularly while the area is operational.

39. START

- 39.1. For events of with more than 1500 people attending, the starting program should be signed off by Cycling SA or its representing affiliate.
- 39.2. General requirements:
 - 39.2.1. Riders will be expected to arrive with masks but will not train / race with masks.
 - 39.2.2. Masks may only be removed 1 minute prior to start once in starting area and kept on a person to use again upon completion.
 - 39.2.3. Check in times only 15 minutes prior to start.
- 39.3. Reduce start groups so that no single group shall exceed national regulations and limitations.
- 39.4. Take staff and officials into consideration when calculating start groups.
- 39.5. Brief riders in advance as to their different the start time and start chutes for batch racing:
 - 39.5.1. Start chutes are used as a holding area prior to the batch rolling forward to the start line for their start time.
 - 39.5.2. Start chutes can be entered between 15 and 5 minutes before the start of that start batch.
 - 39.5.3. Start chutes with 3 sqm physical distancing to be applied. E.g. If size of chute is 7 m x 24 m = 168 sqm = 56 riders.
 - 39.5.4. Start line with 3 sqm physical distancing to be applied. E.g. – if Size of start line is 6 m x 70 m = 420 sqm = 140 riders.
- 39.6. Batch Start Times / Start times
 - 39.6.1. Staggered **5 mins** between groups – various scenarios to be planned for major events.
 - Level 3: 200 per batch
 - Level 2: 300 per batch
 - Level 1: 500 per batch

39.7. Time trial starts:

39.7.1. Create a chute with 3 sqm physical distancing to be applied.

39.7.2. Width of chute is 3m with a length of 2m allocated

39.7.3. Maximum of 50 riders in the start chute.

39.7.4. Prologue teams roll off the start line one team at a time

40. WATER POINTS

40.1. A Covid Compliance marshal must be present at each station to monitor compliance.

40.2. "Grab and Go" / "No touch" service.

40.3. Riders to only touch what they take and move on swiftly.

40.4. Foods are kept back of house and are replenished into cups where a rider is able to pick up, eat and throw away cup.

40.5. Increased number of tables to space out water point for foods and drinks.

40.6. Ensure a queuing system is in place to ensure physical distancing at the feed tables

40.7. Crew working at water point to serve the rider more food with a scoop/tong.

40.8. Additional bins and cleaning crew at Water Point to keep it clean and tidy.

40.9. Disposable masks at Water Points to assist riders who may have lost their masks on route

40.10. Do not advertise water points as spectator points and do not put up directional signage to the water points

40.11. Relocate water points so unofficial spectators don't congregate where possible.

41. TOILETS ON ROUTE

41.1. The number of toilets should be increased to accommodate more people. E.g., it is standard practice to make provision for 1 toilet per 75 people within an hour. This should be increased to 2/3 per 75 people per hour and allow for cleaning between use.

42. FINISH

- 42.1. Riders finish to leave.
- 42.2. No entertainment may be available at the finish.
- 42.3. The sale and/ or availability of alcohol has to meet the government regulations within the specific lockdown level.
- 42.4. Make available disposable masks at Finish Line Water Point to assist riders who may have lost their masks on route.
- 42.5. Prepare expected finish times for planning purposes.

43. SWEEP OPERATIONS

- 43.1. Sweep buses to operate at 70% capacity (requirement to meet national regulations as the time of the event).
- 43.2. Standby buses to be available on route and at depo's and to be deployed if necessary.
- 43.3. This service to be monitored from the Venue Operations Centre.
- 43.4. All riders will be sanitized and screened upon boarding and will be required to wear their mask while in transit.
- 43.5. All windows will be open in all sweep vehicles
- 43.6. A Covid compliance marshal to be on board each of the sweep and evacuation busses to ensure compliance.

44. FINISHER TENT & MEDAL STAGE

- 44.1. Riders may not be allowed to proceed onto the Medal Stage and into the Finisher Tent without wearing a mask
- 44.2. Riders to take their own medal; it will not be placed around their neck for them
- 44.3. Finisher bags to be pre-packed as far as possible to avoid unnecessary handling of finisher items
- 44.4. Collection stations within the tent to be spaced out further apart to allow for social distancing amongst staff and riders within the tent.
- 44.5. Clear floor markings or bollards, cordons, tape or rope, to be used to manage queues to ensure a distance of 1.5 meters is maintained between people.

45. PODIUM CEREMONIES

- 45.1. No physical contact at any time during ceremonies or presentations.
- 45.2. Podium ceremonies to be done straight after the finish and broadcast online.
- 45.3. Podium ceremonies to exclude any podium assistants with riders either:
 - 45.3.1. collecting their jerseys / trophies from a table beside the stage or to be presented on a tray.
- 45.4. Only riders permitted access into the backstage area
- 45.5. Stage racing
 - 45.5.1. Overall leader jersey photo for stages as per accepted Covid-19 protocols avoiding Close Contact scenarios.
 - 45.5.2. Daily Presentation and briefings to be digital format, show images or recordings of presentations done on the finish line and in the afternoon as per the below points.
 - 45.5.3. Allow for virtual attendance (zoom or similar) at Pro Rider Manager meetings to limit amount of people attending

46. INTERVIEWS

A separate interview area to be set up with covid and social distancing protocols in place. Limit number of people gathering and allow for virtual interviews.

47. MEDICAL RESOURCES

47.1. Covid-19 Medical Emergency Personnel

47.1.1. All events require qualified medical practitioners to be on site at designated locations (to be indicated on the event map).

47.1.2. Additional ambulance(s) to be on standby, should an ambulance be required for a patient presenting severe Covid-19 symptoms. This ambulance should not form part of the general event medical plans.

47.2. Sanitation facilities should be available at all entry and exit points, as well as any area where a person may use their hands.

48. SUSPECTED / CONFIRMED CASES

Should an event participant or staff member develop Covid -19 symptoms, be diagnosed as Covid-19 positive, or be deemed to be a close contact of a person diagnosed with Covid-19 they are to:

48.1. Pre-Event:

48.1.1. Not to enter any Event areas.

48.1.2. Inform their User Group Lead or organization liaison immediately.

48.1.3. Refrain from making any physical contact with any other participant or staff member.

48.2. During-Event:

48.2.1. Isolate themselves immediately.

48.2.2. Inform their User Group Lead or organization liaison follow all instructions and co-operate with the Covid – 19 Protocol management process.

48.2.3. **A potential positive person should not go** to the race/ event hospital, or designated Covid-19 treatment area, unless under the guidance of the Event Covid-19 medical officer and/or the event race doctor.

48.2.4. Refrain from making any physical contact with any other participant or staff member.

48.3. Any person deemed to be a threat to the safety of the Event due to Covid-19 will be removed from an Event site at the discretion and on the instruction of the

Event Covid-19 Compliance Officer, Event Covid-19 Medical officer and/or the MAG.

48.4. Removal of Suspected / Confirmed Covid – 19 Cases from Event Sites

48.4.1. Should it be necessary to remove a person or persons from an event site due to suspected or confirmed Covid-19 infection then this will be done in accordance with the diagnoses from the Event Covid-19 Medical Officer and in co-ordination with the Event Covid-19 Compliance Officer and Event Covid-19 Operational Lead.

48.4.2. Removal from site could be in accordance with the Event Covid-19 Medical Management Plan.

49. TESTING RESULTS

ANTIGEN / PCR TEST RESULT	SYMPTOMS	INDIVIDUAL
Positive Convene MAG if applicable Start Track & Tracing Process	Present or Absent	Remove from event environment immediately. Individuals' responsibility to enter 10-day isolation and until asymptomatic. Individual advised to seek medical assistance if required.
Negative	Present	In consultation with the Event Race Doctor, retest using an Antigen / PCR test Subsequent test negative: Possible reintegration with Event after formal clearance from Event Race Doctor Subsequent test positive: Remove from Event environment immediately and follow protocols for testing positive.